

**2023 HEALTH WELLNESS ACTIVITIES  
(Medical Division)**

<b>NO.</b>	<b>HEALTH WELLNESS ACTIVITY</b>	<b>DATE</b>	<b>ATTENDEES</b>
1	Heat Stroke and Heat Exhaustion Prevention	March 31, 2023	1,000
2	Sport -Basketball Competition (AVSEGROUP)	Sept 25,27,29, 2023	50
3	Sport-Volleyball Competition (AVSEGROUP)	Sept 26,28,29, 2023	50
4	Orientation of HMO	Aug 15, 2023	1,107
5	Participated in the 16th Meeting of the Collaborative Arrangement for the prevention and Management of Public Health Events in Civil Aviation -Asia Pacific (CAPSCA/16) in Bangkok Thailand	Nov 15-17, 2023	100
6	Free Eye Examination ( Berries Optical Hub)	Nov 13, 2023	100
7	Occupational Safety and Health (OSH)	April 19, 2023	100
8	Phil Dental Association Annual Convention	May 8-12, 2023	100

9	Phil College of Oral and MaxilloFacial Surgeon Midyear Convention	Nov 10, 2023	100
10	Phil College of Oral and MaxilloFacial Surgeons 63rd Anniversary	May 19-20, 2023	100
11	Mental Health Evaluation	Oct - Nov 2023	100
12	Magna carta for Women Orientation	Jan- March 2023	100
13	Physical Examination Evaluation	Jan-Dec 2023	50